

Biol 801 Syllabus, Fall 2020

Instructor: Sabrina Burmeister

Time: Wednesdays 4:30-5:50 pm

Location: <https://unc.zoom.us/j/93289653042>

This course will follow the core curriculum of the National Center for Faculty Development and Diversity (facultydiversity.org). The purpose of the curriculum is to promote professional development of academics and work/life balance. You can find the core curriculum of the NCFDD here: <https://www.facultydiversity.org/core-curriculum>

Participants are required to commit to the following:

Watch the weekly-assigned webinar at beginning of the week

Do the homework (i.e., apply the new skill)

Attend class

Support your peer group through the Slack chat (1-3 times per week)

Course schedule:

Date	Topic (with link to webinar)
19-Aug:	Introduction to the course (no webinar)
26-Aug:	Every semester needs a plan (link)
2-Sep:	Align your time with your priorities (link)
9-Sep:	Develop a daily writing practice (link)
16-Sep:	Mastering academic time management (link)
23-Sep:	Moving from resistance to writing (link)
30-Sep	Track your time (no webinar)
7-Oct	The art of saying no (link)
14-Oct:	Cultivating your network (link)
21-Oct	Overcoming academic perfectionism (link)
28-Oct	How to engage in healthy conflict (link)
4-Nov	How to manage stress (link)
11-Nov	TBD